



**TOTAL  
BODY**

**CHIROPRACTIC  
AND SPORTS  
THERAPY**

Date: \_\_\_\_\_

## CONFIDENTIAL INTAKE FORM

### PERSONAL INFORMATION:

Last name \_\_\_\_\_ First name \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_  
 Prov. \_\_\_\_\_ Postal \_\_\_\_\_  
 Telephone number (home) \_\_\_\_\_ work or cell \_\_\_\_\_  
 Email \_\_\_\_\_  
 Card Card \_\_\_\_\_  
 Birth date (month/day/year) \_\_\_\_\_  
 Occupation \_\_\_\_\_ Sport \_\_\_\_\_  
 Who referred you for Athletic Therapy? \_\_\_\_\_  
 Name of family medical doctor? \_\_\_\_\_

### HEALTH INFORMATION:

What is the main reason for your visit? \_\_\_\_\_  
 Area(s) of concern? \_\_\_\_\_  
 Date of injury? \_\_\_\_\_  
 Where did the injury occur? \_\_\_ Sport/leisure \_\_\_ Work \_\_\_ Motor vehicle accident  
 ICBC \_\_\_ WCB \_\_\_\_\_  
 Is it getting: \_\_\_ better \_\_\_ worse \_\_\_ constant \_\_\_ comes and goes \_\_\_  
 Is this condition interfering with \_\_\_ work \_\_\_ sleep \_\_\_ daily routine \_\_\_ other  
 \_\_\_\_\_  
 Have you had this condition in the past? \_\_\_ If yes, was it resolved? \_\_\_\_\_  
 Other treatment for condition : \_\_\_\_\_  
 Medications you are currently taking: \_\_\_\_\_

### HEALTH HISTORY:

Please circle "Yes" or "No" for the following questions even if you do not think they are related to your health problem.

Have you suffered from:

1. Dizziness Yes or No
2. Heart trouble Yes or No
3. Chest pain brought on by activity Yes or No
4. Diabetes Yes or No
5. Arthritis Yes or No
6. Asthma Yes or No

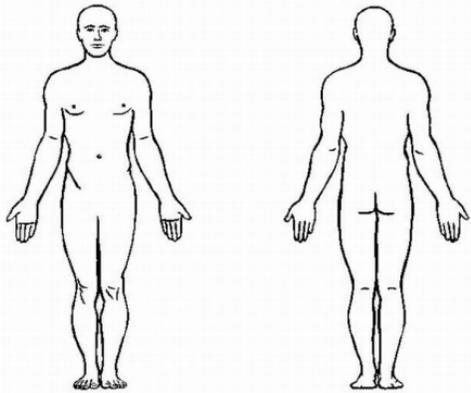
- 7. Cancer Yes or No
- 8. Numbness and/or tingling Yes or No
- 9. High blood pressure Yes or No
- 10. Any past surgeries Yes or No

If yes, describe and date: \_\_\_\_\_

Any past injuries or medical conditions that may be affected by exercise? Yes or No

If yes, describe

DIAGRAM- mark where symptoms are



SYMPTOMS: check box

Pain

Change in sensation (loss/increased):

Heat:

Locking/clicking:

Feeling of instability:

Audible noises:


Explain: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

VAS: Intensity of Pain

0  
None

10  
As bad as it could  
possibly get

**Circle the words that best describe your pain:**

Sharp Dull Achy Tingling Numb Burning Constant Throbbing

Does your pain radiate? Yes No

Have you had any diagnostic testing done (i.e. x-rays, etc.)? \_\_\_\_\_

What makes the pain worse or brings on your pain? \_\_\_\_\_

What relieves your pain? \_\_\_\_\_



#### POLICIES AND INFORMED CONSENT

The fee or an initial assessment is \$70.00 + hst. Athletic Therapy is not covered by MSP or WCB, please check with your personal insurance for coverage.

The fee for missed appointments, or cancellations without 12 hours notice will be \$30.00. The fee will be due upon the following visit.

I hereby consent to Athletic Therapy treatments including the use of exercise prescription, electrical modalities and manual therapy techniques.

I understand that there may be some discomfort from the rehabilitation depending on the injury and I agree to inform the therapist should any additional symptoms occur. I understand that all exercise programs place a workload on the body to promote improvement and at the same time present the risk of negative body response to that exercise. I understand that the therapist will do their best care to properly progress, monitor and care for my injuries.

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Print Name

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Signature of Patient or Parent/Guardian

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Date

